

## COAST TO COAST



**Alfred Wainwright, when he planned and pioneered the Coast to Coast walk in 1971, reckoned it was 198 miles from St Bees on the Cumbrian coast of the Irish Sea to Robin Hoods Bay on the North Yorkshire Coast of the North Sea. Whilst I passed my Hikers Badge in the Scouts more years ago than I care to remember, my map reading skills will probably mean that I shall actually do over 200 miles by the time I get to Robin Hoods Bay.**

**So why am I doing it? Well why not, it's a challenge and something I can call in my rapidly advancing old age an achievement. In truth I'm doing it because I want to prove to myself that I am still capable of achieving significant milestones in my life – some may call it a late life crisis – but whatever it is, its going to be a challenge.**

**Now that it is well into the planning stage, I intend to start on Monday 27<sup>th</sup> September and hopefully roll into the Dolphin pub in Robin Hoods Bay early on the evening of Saturday 9<sup>th</sup> October. Whilst not intended as a specific fundraising challenge it would be silly to miss the opportunity of raising funds for a couple of good causes so if you could help me I would be extremely grateful.**

**The two charities I've chosen have special significance, first Cancer Research UK. My wife does the Race for Life every year so I feel a bit of a fraud standing in the middle of Aintree while she negotiates the Canal Turn and Beechers, so this is my contribution to a very worthwhile cause. The second is the Alzheimers Society, who need all the help they can get to fight this terrible affliction.**

**I do hope that you can support me. You can do it on the website I've set up – [www.justgiving.com/NeilEdwardsC2C](http://www.justgiving.com/NeilEdwardsC2C) or by simply adding your details and contribution to the list provided.**

**Many thanks for your support**